Some people choose to stay inside comfort zone, others prefer to step outside

comfort zone. Talk about advantages and disadvantages of both kinds.

People's minds and thoughts are not alike. In certain situations, some

people choose to stay as they are - inside their comfort zones, while others

prefer to step outside their comfort zones. This essay highlights some

advantages and disadvantages of the two fore-mentioned types.

In the first type, people could feel safe by learning or doing the usual

known things. This can be useful, especially when a person is under stress.

However, if staying inside comfort zone is resulting from unwillingness of

change, this can be harmful. It may kill skills and prevent reaching one's full

potential.

In the second type, people almost feel positive because they have the

will to learn and do new different things. The more they develop, the happier

they feel.

Nevertheless, people in early stages face difficulties, feel anxious and tired.

To sum up, it is sometimes said: "no pain, no gain". Those who work

hard and exert effort are more likely to find comfort later in their life.

Moreover, their lives are likely to be more interesting and full of experiences.

All the best

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People's minds and thoughts are not alike. In certain situations, some people choose to stay as they are – inside their comfort zones, while others prefer to step outside their comfort zones. This essay highlights some advantages and disadvantages of the two fore-mentioned types.

In the first type, people could feel safe by doing or learning the usual known things. This could sometimes be useful, especially when a person is under stress.

However, if staying inside comfort zone is resulting from mere unwillingness of change, it would surely be counterproductive as it could kill the skills and prevent reaching one's full potential. Furthermore, it deprives a person of the good feeling of progress.

In the second type, people feel positive as they have the will to learn and do new different things. The more they make progress in learning and doing new things, the more pleasant and positive they feel towards themselves.

Nevertheless, people in certain stages are likely to face difficulties, feel anxious and tired particularly at the early stages.

To sum up, it is sometimes said: "no pain, no gain.", undoubtedly, those who work hard and exert much effort are more likely to find comfort at their later life. Moreover, their lives are likely to be more interesting, meaningful and full of exciting experiences.

All the best

## Personal Statement

There are various reasons why I am applying for a course in(1)
My interest in this goes back to the early stages of my life when I participated in
The Council of Young Readers at primary school. The teachers continually boosted
great support to me. Then the interest in this field increased dramatically when I
was elected to preside a team called Friends of the Library. At that time I had
dedicated most of my time to read and research into(2) In
the secondary stage I went on reading and researching in this same field, so I
became sure <u>this</u> is where my future is.

Presently, I am studying (3) and English which will largely help in my studying. In the secondary school, I harnessed my free time to research into this. Besides, I wrote and co-edited articles in the school magazine in order to raise awareness in this field. At the holidays, I affiliated in a local organization that has interest in young people's affairs, and along with other young men, I contributed in community projects in my neighborhood. It played a great role in developing my social as well as my personal skills.

Based on the foregoing, I am confident that my experiences, skills and achievements greatly match the person eligible to study at your college. I have always been hardworking and ready for the challenge this course imply. It will be a great honour if I get the chance to join your internationally reputed college.

I hope that my application meet the standards that you are looking for and I am looking forward to studying at your college.

All the best

**Coincidences and strange events** 

The world is full of people and actions. Billions of events happen daily. Some of

these events are considered strange. People either refer such events to the divine

force or the scientific analyses and explanations.

Almost everyone has experienced strange events and coincidences. And, normally,

the older people get, the more events they face. Last year, I searched my favourite

singer's profile and I found out that his first, father's and grandfather's names were

the same as mine. Moreover, my birthday and his were the same.

At first I began to wonder amazingly but then I started to think neutrally, especially

after I had read about this issue.

Explaining events like these may rely on one's attitudes and cultural background.

Some people tend to justify such events scientifically, while others refuse that and

refer every single event to the hidden power controlling everything in this world.

As Muslims, we believe in fate but that doesn't necessarily mean rejecting the

scientific explanation. We should, as our religion urges us to, be moderate and

balanced.

All the best

Technology, the internet, social media

Humans have always tried to develop new means that could help them in their

living. In recent years, modern technologies have spread all over the world. This

has a lot of advantages and disadvantages.

The advantages of technology/the internet/spread of social media are

numerous/considerable. It saved time and effort and the world has become as a

small village due to instant communication. Furthermore, accessing knowledge

has become available and easy even in remote areas. It has helped in economic

development, especially in poor countries. In addition, it has helped in making new

friends and in exchanging information beyond borders.

Despite the long list of advantages, there are still some disadvantages. For

example, people could waste their time uselessly or could become addicted to

social media especially young people who use the internet for long periods of

time. It also could have bad effect on the language as people try to use the

language with no rules. Most importantly, it affects the social relationships.

In conclusion, technology and the internet are the most important breakthrough in

the recent decades. However, we must be aware of the bad effects and avoid them.

All the best

Friendship, Making and keeping friends

Man has been created to be sociable. It is hard for a person to live a normal life alone

without friends. Thus, making and keeping friends can play a great role in one's life.

Everyone needs to catch up with other friends, exchange ideas and enjoy certain

hobbies. Making and keeping friends maybe not easy though. People need to learn

how to make lasting friends i.e., by reading self-help books in order to learn what is

suitable to say or how to behave in certain situations.

For example, when starting a conversation with a new "friend", it is advisable to

apologize when making a mistake, avoid boasting or asking personal questions.

To some people, making friends have become easier than before. Since, people can

easily communicate via the internet and there are better chance of finding like-minded

peers. It have helped more people to make lasting friends through instant

communications and sharing hobbies together.

To others, however, friends are just the people they really meet face to face, help out

in sad and happy situations, give confidence to each other and share genuine

moments and real situations together.

To sum up, whatever the way people find friends through, making real friends is not

easy, since they must share the sense of friendship before sharing hobbies and interest.

All the best

Your future world of work, your dream job.

Today's world of work is not as easy as that of yesterday's. It is fast-changing and needs preparations. Thus, attaining one's dream job needs planning, learning, training and developing one's own skills.

Almost everyone has a dream job, especially young people who have not started their career life yet. Having a dream job is essential because it encourages a person to go forward towards achieving his goal. However, it's not enough to have an aim. Everyone should have a clear written plan that makes reaching the aim easier.

At today's world of globalization, one needs to prepare well in order to get a suitable job. The world has become as a one marketplace and the competition between job seekers never ends. Therefore, the chance is for the best. It is necessary for every person who needs to have a job to be equipped with good qualifications, skills, training, experience, volunteering, and so on in order to attain his dream job.

Personally, I decided to study medicine after I had spent long periods of thinking, considering the challenges of the job, consulting teachers, parents and close friends and having a full idea about every single aspect of the job. Now, I am eagerly ready for the challenges that the job offers and I am determinant and full of excitement towards the job.

In conclusion, It is said "no pain no gain". Planning, working hard, perseverance, determination are the route for reaching a dream job.

Choosing your suitable field of study is important for your future world of work.

The world of work is fast-changing. Education and training are the key code for

success. Thus, deciding the suitable field of study should be carefully chosen.

Almost everyone has a dream job, however, I believe that every person should

patiently decide his future field of work. This starts by choosing the relevant

stream. Choosing depends primarily on the person himself because it will

determine his entire future. Therefore, one should be careful before deciding.

The right choice should suit one's interests, hobbies, preferences, abilities as well

as the job market. It is advisable that one starts thinking from early stages.

Personally, I decided to choose the scientific stream because it has more job

prospects. Before I chose it, I had obtained advice from my teachers who know my

interests and abilities well. In addition, I got help and advice from professionals,

and considered the potential positives and negatives of the choice. Furthermore, I

did a week of real work experience which enabled me to have a full idea about my

future job.

In conclusion, the earlier you get started, the better your choice will be. Schools,

parents, teachers and professionals should work together in order to raise

awareness of making the idea clear to students from early stages.

All the best

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