

**Writing Essays For Scientific Stream**

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كـيـريـة التـربـيـة و التـعـلـيـم -

## Essays for 12<sup>th</sup> grade – Scientific stream

Your life begins at the end of your comfort zone. Write an essay of about 120-150 words. Think about these questions:

- 1- What does "comfort zone" mean?
- 2- Why do you think people are often advised to move outside their comfort zone?
- 3- What kind of activities are in your comfort zone?
- 4- What kind of activities are definitely outside your comfort zone?
- 5- What's your personal advice to people about this?

Your comfort zone is your enemy, when you live life trying to stay comfortable, life will send you more and more discomfort and more problems. Life will keep throwing rocks on you. You are here on this planet to grow, to do things you haven't done yet, to create things you haven't created yet, to go to places you haven't explored yet. This is how you grow.

Comfort zone is the area where you feel comfortable and the set of routines and known abilities that make us feel safe because we're confident that we can manage and are unlikely to be challenged by anything unexpected or worrying. It's beneficial to stay inside your comfort zone, especially when you're feeling under stress. But also it's a good idea to do things that are outside your comfort zones.

Unfortunately people are so concerned about staying comfortable instead of growing and reaching higher and don't want to address their limitations and move beyond them. And if you don't make yourself uncomfortable, life will give you plenty of reasons to push you out of your comfort zone. So you have one of two options either you grow and feel discomfort and you become the master of your destiny or let life happens to you by default.

Stepping outside your comfort zone allows you to develop and make progress in your life, so you feel positive towards yourself. Your life begins at the end of your comfort zone, the moment you feel enthusiastic to improve yourself by learning something new, becoming more creative or anything else.

Don't be afraid of failing or hesitant how to begin, don't get stuck in your known abilities in order not to try new different things. Whatever the reason may be, it's necessary to force yourself to do something you'd rather not do. Once you've made the effort, the door to new experiences will be open and you'll probably wonder why you thought it was a problem.

Write an essay (150-200) words about:

**How to manage your time effectively**

Paragraph 1 . Choose the right time to make yourself a to do list.

Paragraph 2. Organise time and look after yourself.

Paragraph 3. One step at a time.

Paragraph 4. State your opinion.

Time-management is a vital skill, one that will be necessary in your chosen career as well as in university. People have different time clocks and what works for one student might not work for you. Time management techniques involve setting goals, establishing priorities. When we think of time management, we tend to think of personal time management, managing our time to waste less time on doing the things we have to do. Therefore when we master the time management skills, we'll be more organized, efficient and happier.

You probably have a lot of things to do, so assess how important and how urgent the tasks are; then make sure high priority tasks and avoid time wasters!

Make the task as specific as possible . It's easy to feel overwhelmed, so try breaking tasks down into smaller sub-tasks. Once you've started it's easier to keep going.

You don't necessarily need a block of time in order to study. Students often have time between classes, travel time, etc. There are lots of study tasks that can be accomplished in short periods, such as reviewing main points of a reading or a lecture.

Find a place, preferably one you can use regularly and with limited distractions. Make sure you have all the essentials so you have no excuses.

We are creatures of habit. If you always study at a certain time or day then it will be easier to get into concentration mode. Also, it is better to study briefly and regularly. The first step in effective time management is analyzing how you currently spend your time and deciding how you want to change your way of spending your time. Unless time is managed properly, nothing can be accomplished. Time is a unique resource. It is indispensable, irreplaceable and therefore invaluable. A day of every one consists of 24 hours only, no more and no less. Every piece of work requires time. And also time without energy has no value; for instance, if one is seriously ill the time duration of illness is practically useless. Time is money and a measure of effort, so use it wisely.

مديرية التربية والتعليم - شمال غزة

Write a short essay(150-200) words about *the school subject you are the best and worst at.*

- Use the structure below:

Paragraph 1: Say what subject(s) you are good at and explain why.

Paragraph 2: Say what subject(s) you are worst at and explain why.

Paragraph 3: Give an example of a skill you would like to improve in the future and say how you might do it.

My best school subject in is math. In math  $2+2$  will always make four. Nothing changes in math and everything has a certain formula to figure it out. Everything else can change. In English a noun can be a verb. How confusing is that? I hate English and I never get it...

I enjoy Math because I like how everything is either right or wrong there is no in between. Also its fun when you get this really hard problem and you finally figure it out. I have always liked since grade school. It is easy to me and I'm good at it. I like working with numbers. Also with math there's only one right answer, unlike in other subjects when there can be more than one answer to a question. Math is so fun to me. I like adding, subtracting and dividing. I like math because it is where you can learn new types of things. Math is amazingly fun to me.

Actually, I'm in a big need to develop my skills in English especially is speaking and writing. It's confusing to me sometimes because some letters are silent, some words are similar in spelling but different in pronunciation and meaning, also some words have a literal and non-literal meaning which make me confused .

Write on the topic of Coincidence (or misunderstandings)

- What's the definition of coincidences ?
- What are the scientific explanations of coincidences ?
- Do you believe in coincidences ?
- Write about a personal experience with them. (It can be a true story about something that happened to you or someone you know, or a made-up story.)

The world is so unpredictable. Things happen suddenly, unexpectedly. We want to feel we are in control of our own existence. In some ways we are, in some ways we're not. We are ruled by the forces of chance and coincidence. Coincidence is God's way of remaining anonymous

Coincidence is generally when two unrelated events seemingly have a connection that they shouldn't. Sometimes, it is the timing of the events that seem to connect them, such as saying "I'm hungry," then having a coupon for a free sandwich blow up against your leg. Sometimes it is the context, such as speaking of a person you rarely see shortly before they call. On rare occasions, people will report an urge to go to a place they wouldn't normally go, where they find something they needed and would not have found otherwise; in these cases, the connection between the events starts to look decidedly strange..

Coincidence is an illusion, there is an explanation for all things - even if it is outside the realm of our current knowledge. There is no such thing as coincidence. What may appear as a coincidence to one has probably been planned out by another. Everything happens for a reason. The things people believe are out of their control really are not. We all make our own destiny. Coincidence, or the appearance thereof, is one way of doing this

كاديمية التربية و التعليم - شمال غزة

- It's a small world discuss

The key point to face the increasing change in the world is globalization. It has many benefits, as well as many drawbacks. In the light of this , *write an essay of 120 words about Globalization*

Definition / The benefits / The drawbacks / Your opinion

Globalization is a complex idea, so before discussing this question, it is first necessary to make clear what we mean by it. It is the worldwide movement towards economic, financial, trade and communications today. It described the way in which the world has changed very quickly in the last forty years. As a result of these changes, people and countries are now more connected with each other than ever before. The effects of globalization are not limited to the area of economics, trade and business. They are also cultural and personal.

Globalization has a number of positive and negative effects on Palestine. For example, globalization brought Palestine all many kinds of goods food, clothes, machines and telecommunication tools and it's possible for people to watch the latest film and TV programme from around the world, and it is much easier for new ideas to spread around the world . On the other hand, the shock of cheap goods has destroyed the whole industries in Palestine because they cannot compete and that left behind major unemployment and social problems affecting everyone.

For these reasons, I believe that overall the effects of globalization on Palestine have been mostly positive and negative

Write an essay of 120 words about *Young people's use of communication technology and social Media*

1. The average ages of people using social media sites.
2. The average hours those people spend on the internet.
3. Reasons for spending too much time on the internet.
4. Good/ bad effects of social media & communication technology on those people.

Social networking has become an unquestionable part of our everyday lives. We do not even think anything of it, because so many people have accounts on websites like Twitter, Facebook, etc., that are checked and updated daily. Those who have a life on the internet do not always realize that they are losing their connections with the real world. Nowadays, a reputation online is more important, and communication thrives through social networking. New cliques are created, and some are even finding a way to make a living online. Social media seems to have quite the impact, especially on teenagers.

Years ago, before social networking existed, friends would go out and have a good time, and popularity in high school would be something of importance to a lot of people. Today, popularity is the equivalent to having a lot of followers on twitter or Tumblr. Websites like these make us think that greatness is achieved just because thousands of strangers are familiar with your face.

Social networking has its positives, considering it allows us to connect with friends and family in a matter of seconds. Although this is extremely useful, it is also destroying our ability to make real life conversations. Facebook is detrimental to our social lives, because we can just visit someone's wall, say hi, and have a brief conversation and consider that as communication.

Social networking affects young lives and causes teens to grow up differently than how their older relatives have. They rely on their blogs and pages to communicate with people, keep up with the latest trends and enjoy their separate little world. Social media has ruined how life should be; fun, adventurous and exciting. There needs to be a break from social networking so young people can once again live a real life in the real world.



Write an essay of at least 120 words about ( *Old and New Ways of Communication* )  
How are technological ways of written communication different from letters , and which purposes or situations are better of different methods

You may expand the following guiding points.

Introduction: Letters becoming less popular / replaced by technological communication methods.

Paragraph 1: advantages and disadvantages of social media, Twitter, etc. for communication

Paragraph 2: purposes / situations when letters are more suitable.

Conclusion: types of writing suit different purposes and situations

People used to write letters for hundreds of years . Nowadays it has been replaced by new communication methods such as texts and chat on social media sites and others .

The new methods ,though, have advantages . They are easy and fast to write and for free . However , the old methods like letters take time to be written and sent ;Moreover , it takes long time to reach the receiver .

On the other hand , the new methods of technology have some disadvantages . It makes people use slang language all the time even in formal messages ; besides , people write and send it fast without thinking much about it then sometimes they regret about their words .

Sometimes letter can be better than texting in different situations . For example , when you are sending a personal or formal letter like applying for a job or sending an article to newspaper .

To sum up , new methods of technology have advantages and disadvantages so people will keep sending letters even they are going to use it less than before .

مديرية التربية والتعليم - شمال غزة

Some people say that internet friends are real friends , others say they aren't real friends. Discuss this using these ideas.

Paragraph 1. How did people use to make friends before the internet?

Paragraph 2. What are the benefits of making online friends?

Paragraph 3. What are the drawbacks of making online friends?

Paragraph 4 . Which opinion do you support and why?

We tend to make friends with people we cross paths with regularly: people we go to school with, work with, or live close to. The more we see someone, the more likely the chance of a friendship developing. Another big factor in friendship is common interests. We tend to be drawn to people we share things with: a hobby, the same cultural background, a shared career . Making a new friend is just the beginning of the journey. It takes time to form and even more time to deepen, so you need to nurture that new connection. The most important thing in a friendship is how the relationship makes you feel—not how it looks on paper, how many things you have in common, or what others think.

A friend is someone you trust and share a deep level of understanding and communication. A good friend will show a genuine interest in what's going on in your life, what you have to say, and how you think and feel about things.

Friends have a huge impact on your happiness. Good friends relieve stress, provide comfort and joy, prevent loneliness and isolation, and even strengthen your health. But close friendships don't just happen. Many of us struggle to meet new people and develop quality connections. Whatever your age or circumstances, though, it's never too late to make new friends, reconnect with old ones, and improve your social life.

Research shows that friends are even more important to psychological well-being as friends bring more happiness into our lives . What's more, friendships have a powerful impact on our physical health. Lack of social connection can be as damaging as smoking, drinking too much. A recent Swedish study found that maintaining a rich network of friends can add significant years to your life.

online friends aren't enough. In other words, having hundreds of online friends is not the same as having a close friend you can be with in person. Online friends can't hug you when a crisis hits, visit you when you're sick, or celebrate a happy occasion with you. Our most important and powerful connections happen when we're face-to-face. So make it a priority to stay in touch in the real world, not just online.

أكاديمية التربية و التعليم - شمال غزة

2) Write **a report of an event for a school magazine** (it doesn't have to be a football match or even a real event). Use these questions to help you plan your report.

Paragraph 1 What was the event like in general?

Paragraph 2 What happened during the event?/ What was your opinion of what happened?

Paragraph 3 What was the result / how did the event end?

Paragraph 4 What conclusion(s) can you draw from the event / match?

The match between our school football team and the team from Hill Road School was ever seen. Both teams played very well, and I was one of the most exciting matches particularly impressed by the Hill Road team's determination and energy. Right from the kick-off, this match was played at full-speed. Hill Road scored their first goal in the first fifteen minutes, but our team also managed to score a goal before half-time. After halftime the game was just as fast, and our team scored two goals very quickly. The Hill Road team did everything they could to take the lead again, but they only managed to score one more goal. Unfortunately, there was a rather unpleasant incident when a Hill Road defender fouled one of our strikers.

In my opinion, the Hill Road defender should have been sent off, because his foul could have led to a serious injury. The referee gave us a penalty kick, which our left winger took brilliantly; that was our third goal. The final score was 3 – 2, and I think our victory was well-deserved. The Hill Road team congratulated us and I was impressed by that. On a less positive note, I think the Hill Road defender should have apologised for his dangerous tackle, but instead he started arguing with the referee about the penalty. This was not a good example of how to play team sports.

Apart from that incident, it was a great match which our team will remember for a long time. It's unfortunate that the actions of one player will cloud those memories.

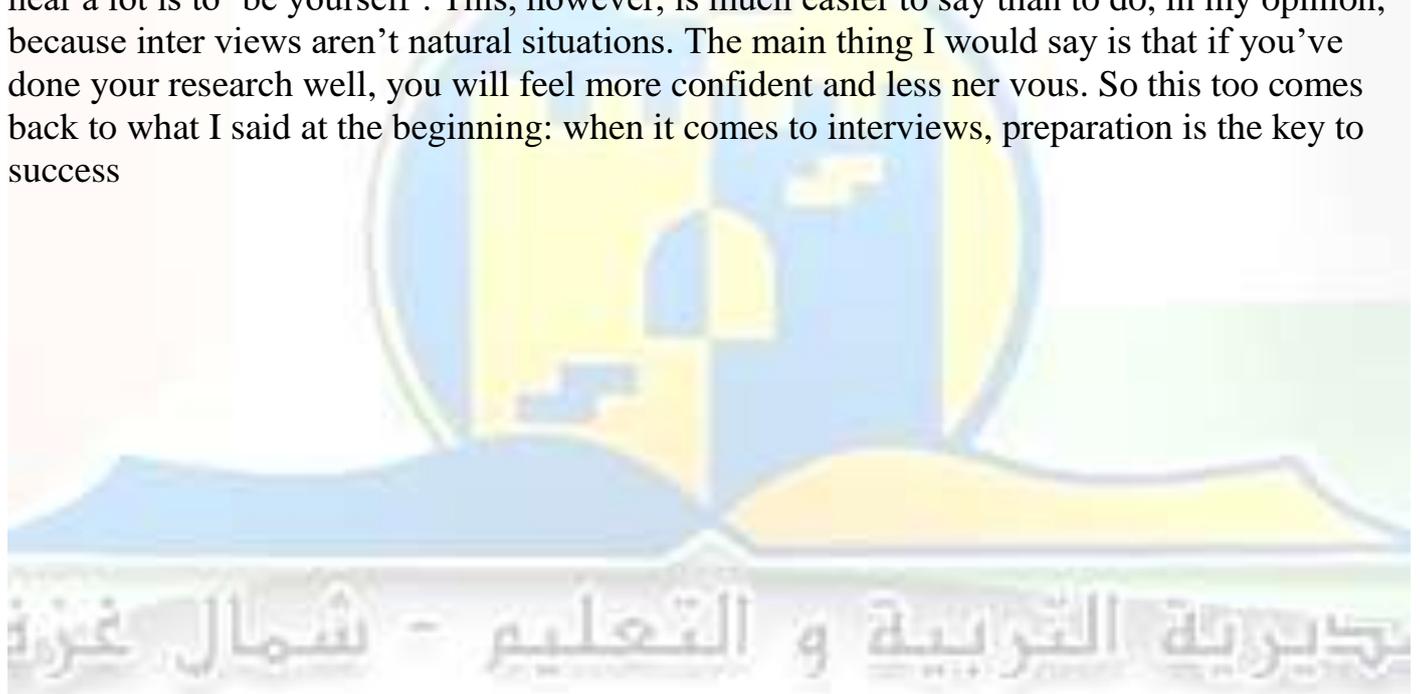
Interviews are important because they can change your life. Write an essay about how to succeed in an interview, you can make use of the following ideas:

Prepare well / you should be clean and tidy/ practice answering questions. / do research.

Interviews are an important part of many people's lives. They may be for a job that you really want or a course you're really interested in, but it's hard not to feel that the interview might change your future life. I've done quite a lot of them myself, from both sides of the table, and I've picked up quite a lot of experience.

There is a lot of good advice available. The Internet, for example, is full of articles with tips on how to succeed. Of course, there aren't many tips that fit all situations, but the one basic rule I'd like to pass on is that you need to do some research into the company or course that you're applying for. In other words, preparation is the most important thing you can do. Even simple advice about what to wear may not be the same for every company or course. There are some situations where arriving in smart business clothes would give people the wrong idea. The only thing that we can say for sure is that it's important to be clean and tidy. Another common tip is to practise answering some of the questions that interviewers often ask. Again, there are lists of these on the Internet. 'Why are you interested in this job / course?' or 'What can you bring to the job / course?' are common ones. I've asked and answered questions like these many times.

Finally, there is the usual advice on how to avoid being nervous. One suggestion you hear a lot is to 'be yourself'. This, however, is much easier to say than to do, in my opinion, because interviews aren't natural situations. The main thing I would say is that if you've done your research well, you will feel more confident and less nervous. So this too comes back to what I said at the beginning: when it comes to interviews, preparation is the key to success



Write a *story of a memorable holiday (or other experience)* that you had. (It could be memorable for good or bad reasons.)

Paragraph 1: introduction and background

Paragraph 2: the beginning of the holiday / experience

Paragraph 3: the rest of the holiday / experience

Paragraph 4: conclusion (What do you think about it now?)

We tend to remember experiences that were either very good or very bad. Perhaps that's why I don't remember my first holiday, but I definitely do remember my first camping holiday in a tent. Previously, we'd always stayed in rented houses, but for some reason my parents decided that camping would be fun.

The weather forecast was good, so we were looking forward to playing outside in the woods. Unfortunately, though, it started raining as soon as we got to the camping place, and it hardly stopped for the whole week we were there.

During the day, we had to find dry places to pass the time, and usually had to pay to go in. As a result, my parents spent more money than they should have done, which annoyed them. What annoyed me was having to share a tent with my brother, who turned out to be a very noisy sleeper. If it wasn't him keeping me awake, it was the insects that found their way in. I know camping is supposed to be about getting close to nature, but I didn't want to be that close.

By the end of the week, we were all glad to go home. It was certainly a memorable holiday, as well as being a good lesson for the future: I've never gone on another camping holiday since that first time.

مديرية التربية والتعليم - شمال غزة

Write a short paragraph about ***your first day at school*** or your earliest memory.  
Add details about what happened and how you felt to make the story more believable, and include one or two events that aren't actually true.

My first day at school is a clear impression of how it felt to be thrown, suddenly and without warning, into a strange new world.

I have got used to my familiar life at home, I don't want to go, so my father have to pick me up and carry me to the school gates. I was confused young boy surrounded by strange adults and older children who are a complete mystery to me. I spends that first day wandering from place to place, obviously with no idea of why I'm there or what I'm expected to do, and when I get home that afternoon, in a very bad mood, I announce that I have no intention of going there again.

I suppose that this was just one unpleasant, confusing day I respond when my sisters ask me why I didn't like school. 'They promised me a present, but they never gave it to me,' I reply . One of the teachers, I explain, had said to me : 'You just sit over there for the present.' 'I sat there for hours, but I never got it.'



Good Luck